

RECORDS IES-SC-Y

Yards-Women

8 & U	25	Free	14.38	2-Mar-07	YYST	CAITLIN QUAEMPTS
	50	Free	31.93	2-Mar-07	YYST	CAITLIN QUAEMPTS
	100	Free	1:09.55	27-Feb-09	TCCC	CLAIRE SCHAEF
	25	Back	16.83	10-Feb-07	YYST	CAITLIN QUAEMPTS
	50	Back	35.44	22-Mar-02	SAS	EMRI MOORE
	25	Breast	18.28	12-Dec-03	SAS	ADDISYNN BURSCH
	50	Breast	42.00	12-Dec-03	SAS	ADDISYNN BURSCH
	25	Fly	15.62	2-Mar-07	YYST	CAITLIN QUAEMPTS
	50	Fly	33.48	1-Jan-92	CSFC	DESIREE JOHNSON
	100	IM	1:19.41	1-Jan-92	CSFC	DESIREE JOHNSON
	100	Free Relay	1:05.02	1-Jan-00	ADY	ATOMIC DOLPHINS
	100	Medley Relay	1:17.03	1-Jan-00	EST	EASTMONT
	9-10	50	Free	27.22	25-Feb-05	MLMR
100		Free	59.24	8-Dec-00	SAS	BRITTNEY MOORE
200		Free	2:09.13	18-Mar-05	MLMR	NATILEE RUIZ
500		Free	5:50.47	19-Mar-04	SAS	EMRI MOORE
50		Back	30.38	18-Mar-05	MLMR	NATILEE RUIZ
100		Back	1:05.63	18-Mar-05	MLMR	NATILEE RUIZ
50		Breast	36.13	2-Dec-05	SAS	ADDISYNN BURSCH
100		Breast	1:18.63	6-Jan-06	SAS	ADDISYNN BURSCH
50		Fly	29.51	1-Mar-94	CSFC	DESIREE JOHNSON
100		Fly	1:07.00	1-Jan-00	EWRA	JEANETTE BRYCHELL
100		IM	1:08.06	1-Mar-94	CSFC	DESIREE JOHNSON
200		IM	2:28.02	18-Mar-05	MLMR	NATILEE RUIZ
200		Free Relay	2:01.13	1-Jan-00	EST	EASTMONT
200		Medley Relay	2:15.99	1-Jan-00	EST	EASTMONT
11-12		50	Free	24.97	1-Mar-94	CSFC
	100	Free	53.41	23-Mar-07	TCCC	NATILEE RUIZ
	200	Free	1:55.19	23-Mar-07	TCCC	NATILEE RUIZ
	500	Free	5:07.35	3-Dec-98	TCCC	JESSICA NEWMAN
	1000	Free	10:47.96	27-Feb-02	TCCC	ERIN HOLMES
	1650	Free	18:45.29	24-Feb-06	SAS	EMRI MOORE
	50	Back	27.99	8-Mar-03	SAS	JENNI DOLE
	100	Back	59.37	23-Mar-07	TCCC	NATILEE RUIZ
	200	Back	2:08.65	7-Mar-07	TCCC	NATILEE RUIZ
	50	Breast	31.81	1-Mar-89	YYST	AMY WARNINGER
	100	Breast	1:08.84	17-Mar-06	WWY	SARAH FEIL
	200	Breast	2:30.48	30-Nov-07	CAST	ADDISYN BURSCH
	50	Fly	27.09	17-Mar-06	WWY	SARAH FEIL
	100	Fly	59.08	1-Mar-89	CUDA	LORI VAN LITH
	200	Fly	2:17.49	30-Jan-03	SAS	JENNI DOLE
	100	IM	1:00.66	23-Mar-07	TCCC	NATILEE RUIZ
	200	IM	2:09.94	23-Mar-07	TCCC	NATILEE RUIZ
	400	IM	4:48.32	30-Jan-03	SAS	JENNI DOLE
	200	Free Relay	1:46.53	1-Jan-00	SAS	SPOKANE AREA SWIMMING
	400	Free Relay	3:52.81	1-Jan-00	SAS	SPOKANE AREA SWIMMING
	200	Medley Relay	1:59.14	1-Mar-95	TCCC	TRI CITY CHANNEL CATS
	400	Medley Relay	4:13.79	1-Mar-95	TCCC	TRI CITY CHANNEL CATS

RECORDS IES-SC-Y

13-14	50 Free	23.16	11-Dec-08	TCCC	NATILEE RUIZ
	100 Free	50.41	11-Dec-08	TCCC	NATILEE RUIZ
	200 Free	1:49.51	11-Mar-09	TCCC	NATILEE RUIZ
	500 Free	4:55.66	21-Mar-00	TCCC	JESSICA NEWMAN
	1000 Free	10:06.60	21-Mar-00	TCCC	JESSICA NEWMAN
	1650 Free	16:44.23	21-Mar-00	TCCC	JESSICA NEWMAN
	100 Back	55.70	13-Nov-08	TCCC	NATILEE RUIZ
	200 Back	1:59.87	11-Mar-09	TCCC	NATILEE RUIZ
	100 Breast	1:06.36	11-Mar-09	CAST	ADDISYN BURSCH
	200 Breast	2:21.31	29-Nov-01	TCCC	CASSIE HAMILTON
	100 Fly	57.17	11-Mar-09	TCCC	NATILEE RUIZ
	200 Fly	2:07.27	9-Apr-01	SAS	SUMMER MORGAN
	200 IM	2:03.92	11-Dec-08	TCCC	NATILEE RUIZ
	400 IM	4:21.77	2-Apr-02	SAS	SUMMER MORGAN
	200 Free Relay	1:41.10	27-Mar-09	TCCC	TRI-CITY CHANNEL CATS
	400 Free Relay	3:42.87	27-Feb-09	TCCC	TRI-CITY CHANNEL CATS
	800 Free Relay	8:13.25	1-Mar-95	TCCC	TRI CITY CHANNEL CATS
	200 Medley Relay	1:54.75	27-Mar-09	TCCC	TRI-CITY CHANNEL CATS
	400 Medley Relay	4:08.81	27-Feb-09	TCCC	TRI-CITY CHANNEL CATS
15-16	50 Free	23.69	11-Mar-09	SWAT!	RACHEL MILLET
	100 Free	50.64	11-Mar-09	SWAT!	RACHEL MILLET
	200 Free	1:50.53	31-Jan-02	SAS	RIKKI COVEY
	500 Free	4:52.88	29-Nov-01	SAS	RIKKI COVEY
	1000 Free	10:07.61	29-Nov-01	SAS	RIKKI COVEY
	1650 Free	17:09.29	31-Jan-02	WWY	ALEXIS BUCKLEY
	100 Back	54.65	22-Mar-04	YAC	MEGAN WHEELER
	200 Back	2:01.94	4-Apr-06	SAS	JENNI DOLE
	100 Breast	1:04.53	1-Mar-93	CUDA	ROBIN DAVIDSON
	200 Breast	2:19.72	1-Mar-91	TCCC	CHRISTINE MILLER
	100 Fly	56.26	11-Mar-09	SAS	EMRI MOORE
	200 Fly	2:02.80	6-Apr-09	SAS	EMRI MOORE
	200 IM	2:03.14	5-Apr-04	SAS	SUMMER MORGAN
	400 IM	4:19.68	5-Apr-04	SAS	SUMMER MORGAN
17-19	50 Free	23.62	16-Mar-99	YAC	AMBER FULLER
	100 Free	51.82	16-Mar-99	YAC	AMBER FULLER
	200 Free	1:53.46	14-Apr-03	SAS	RIKKI COVEY/BRITTNEY MOORE
	500 Free	4:59.12	1-Feb-97	PSC	EMILY MELINA
	1000 Free	10:13.25	20-Mar-07	TCCC	ERIN HOLMES
	1650 Free	17:09.77	4-Apr-06	SAS	MIRANDA MOORE
	100 Back	56.78	2-Apr-07	SAS	JENNI DOLE
	200 Back	2:01.05	2-Apr-07	SAS	JENNI DOLE
	100 Breast	1:04.37	7-Nov-08	SWAC	PAULINA GRALOW
	200 Breast	2:20.55	1-Mar-92	TCCC	CHRISTINE MILLER
	100 Fly	54.54	14-Dec-07	SAS	JENNI DOLE
	200 Fly	2:04.19	1-Mar-95	YAC	ANDREA REDMAN
	200 IM	2:07.54	5-Apr-04	SAS	JESSICA WEIDERT
	400 IM	4:28.84	20-Mar-07	TCCC	ERIN HOLMES
	50 Free	23.16	11-Dec-08	TCCC	NATILEE RUIZ

RECORDS IES-SC-Y

100 Free	50.41	11-Dec-08	TCCC	NATILEE RUIZ
200 Free	1:49.51	11-Mar-09	TCCC	NATILEE RUIZ
500 Free	4:52.88	29-Nov-01	SAS	RIKKI COVEY
1000 Free	10:06.60	21-Mar-00	TCCC	JESSICA NEWMAN
1650 Free	16:44.23	21-Mar-00	TCCC	JESSICA NEWMAN
100 Back	54.65	22-Mar-04	YAC	MEGAN WHEELER
200 Back	1:59.87	11-Mar-09	TCCC	NATILEE RUIZ
100 Breast	1:04.45	1-Feb-95	CUDA	ROBIN DAVIDSON
200 Breast	2:19.72	1-Mar-91	TCCC	CHRISTINE MILLER
100 Fly	54.54	14-Dec-07	SAS	JENNI DOLE
200 Fly	2:04.19	1-Mar-95	YAC	ANDREA REDMAN
200 IM	2:03.14	5-Apr-04	SAS	SUMMER MORGAN
400 IM	4:19.68	5-Apr-04	SAS	SUMMER MORGAN
200 Free Relay	1:38.17	2-Apr-07	SAS	SPOKANE AREA SWIMMING
400 Free Relay	3:31.36	1-Apr-08	SAS	SPOKANE AREA SWIMMING
800 Free Relay	7:38.88	5-Apr-05	SAS	SPOKANE AREA SWIMMING
200 Medley Relay	1:48.73	2-Apr-07	SAS	SPOKANE AREA SWIMMING
400 Medley Relay	3:55.16	5-Apr-04	SAS	SPOKANE AREA SWIMMING

RECORDS IES-SC-Y
Yards-Men

8 & U	25 Free	14.10	1-Jan-00	YYST	R SNYDER
	50 Fr	30.81	7-Feb-03	SAS	BARKLEY BURSCH
	100 Free	1:07.10	27-Mar-09	CAST	COLE CURTIS
	25 Back	17.09	1-Jan-91	SAS	JOEY COVEY
	50 Back	37.42	27-Feb-04	CAST	JOE LOFTUS
	25 Breast	17.74	25-Feb-00	CAST	JARED HESTON
	50 Breast	39.13	10-Dec-99	CAST	JARED HESTON
	25 Fly	14.89	21-Nov-08	CAST	COLE CURTIS
	50 Fly	33.13	27-Mar-09	CAST	COLE CURTIS
	100 IM	1:17.55	18-Jan-03	SAS	BARKLEY BURSCH
	100 Free Relay	1:02.28	1-Jan-00	YYST	YAKIMA YMCA ST
	100 Medley Relay	1:12.00	1-Jan-00	YYST	YAKIMA YMCA ST
	9-10	50 Free	26.82	8-Mar-02	CAST
100 Free		58.90	8-Feb-02	CAST	JARED HESTON
200 Free		2:05.70	8-Mar-02	CAST	JARED HESTON
500 Free		5:44.13	28-Jan-05	SAS	BARKLEY BURSCH
50 Back		31.48	1-Apr-99	MFVT	SKYLAR STROMAN
100 Back		1:07.25	1-Apr-99	MFVT	SKYLAR STROMAN
50 Breast		32.14	12-Oct-01	CAST	JARED HESTON
100 Breast		1:10.41	8-Mar-02	CAST	JARED HESTON
50 Fly		29.49	1-Mar-90	CUDA	ZANE DEWITZ
100 Fly		1:05.47	14-Dec-02	CAST	MASON SHAW
100 IM		1:06.75	8-Feb-02	CAST	JARED HESTON
200 IM		2:21.49	8-Feb-02	CAST	JARED HESTON
200 Free Relay		2:00.80	1-Jan-00	TCCC	TRI CITY CHANNEL CATS
200 Medley Relay		2:17.84	1-Jan-00	TCCC	TRI CITY CHANNEL CATS
11-12		50 Free	23.70	1-Mar-95	SAS
	100 Free	52.48	1-Mar-95	SAS	JOEY COVEY
	200 Free	1:56.55	1-Mar-95	SAS	JOEY COVEY
	500 Free	5:12.29	21-Nov-08	CAST	BRYCE KANANOWICZ
	1000 Free	10:48.39	21-Nov-08	CAST	BRYCE KANANOWICZ
	1650 Free	18:05.73	7-Nov-08	CAST	BRYCE KANANOWICZ
	50 Back	27.68	14-Mar-08	CAST	JOE LOFTUS
	100 Back	58.62	5-Dec-08	CAST	BRYCE KANANOWICZ
	200 Back	2:05.20	21-Nov-08	CAST	BRYCE KANANOWICZ
	50 Breast	30.27	8-Jan-05	CAST	MASON SHAW
	100 Breast	1:06.09	8-Jan-05	CAST	MASON SHAW
	200 Breast	2:29.76	16-Nov-01	SAS	ALEC PETRIE
	50 Fly	27.05	14-Mar-08	CAST	JOE LOFTUS
	100 Fly	59.49	14-Mar-08	CAST	JOE LOFTUS
	200 Fly	2:16.63	16-Nov-07	CAST	JOE LOFTUS
	100 IM	1:00.37	8-Jan-05	CAST	MASON SHAW
	200 IM	2:10.80	5-Dec-08	CAST	BRYCE KANANOWICZ
	400 IM	4:39.69	12-Jan-02	SAS	NICK BLANK
	200 Free Relay	1:44.65	1-Mar-95	SAS	SPOKANE AREA SWIMMING
	400 Free Relay	4:00.99	14-Mar-08	CAST	COEUR D'ALENE AREA SWIM TEAM
	200 Medley Relay	1:58.65	1-Mar-95	SAS	SPOKANE AREA SWIMMING
	400 Medley Relay	4:21.89	14-Mar-08	CAST	COEUR D'ALENE

RECORDS IES-SC-Y

13-14	50 Free	21.76	1-Mar-97	SAS	JOE COVEY
	100 Free	48.09	1-Dec-96	SAS	JOE COVEY
	200 Free	1:46.75	5-Dec-03	SAS	NICK BLANK
	500 Free	4:47.45	5-Dec-03	SAS	NICK BLANK
	1000 Free	9:40.80	1-Mar-94	CUDA	ZANE DEWITZ
	1650 Free	16:31.16	5-Dec-03	SAS	NICK BLANK
	100 Back	53.54	1-Mar-94	CUDA	ZANE DEWITZ
	200 Back	1:58.59	1-Mar-94	CUDA	ZANE DEWITZ
	100 Breast	59.60	30-Nov-06	SAS	MASON SHAW
	200 Breast	2:09.45	30-Nov-06	SAS	MASON SHAW
	100 Fly	51.84	1-Mar-94	CUDA	ZANE DEWITZ
	200 Fly	1:55.79	1-Mar-94	CUDA	ZANE DEWITZ
	200 IM	1:57.18	30-Nov-06	SAS	MASON SHAW
	400 IM	4:06.43	1-Mar-94	CUDA	ZANE DEWITZ
	200 Free Relay	1:35.45	1-Mar-97	SAS	SPOKANE AREA SWIMMING
	400 Free Relay	3:28.19	1-Mar-97	SAS	SPOKANE AREA SWIMMING
	800 Free Relay	7:36.40	1-Jan-00	SST	SPOKANE SWIM TEAM
	200 Medley Relay	1:46.08	1-Mar-97	SAS	SPOKANE AREA SWIMMING
	400 Medley Relay	3:52.73	1-Mar-97	SAS	SPOKANE AREA SIWMMING
15-16	50 Free	21.43	1-Jan-00	SAS	JOE COVEY
	100 Free	46.77	1-Mar-95	SAS	CHRIS WOOD
	200 Free	1:39.87	1-Mar-96	CUDA	ZANE DEWITZ
	500 Free	4:30.48	9-Mar-05	TCCC	CARL JONES
	1000 Free	9:15.44	22-Mar-05	TCCC	CARL JONES
	1650 Free	15:33.26	9-Mar-05	TCCC	CARL JONES
	100 Back	50.61	1-Mar-96	CUDA	ZANE DEWITZ
	200 Back	1:53.01	1-Dec-05	SAS	NICK BLANK
	100 Breast	56.82	14-Apr-03	SAS	CJ NUSS
	200 Breast	2:01.86	11-Dec-08	SAS	MASON SHAW
	100 Fly	49.23	15-Feb-08	TCCC	CODY ROBERTS
	200 Fly	1:50.87	1-Mar-96	CUDA	ZANE DEWITZ
	200 IM	1:48.78	11-Dec-08	SAS	MASON SHAW
	400 IM	3:50.45	11-Dec-08	SAS	MASON SHAW
17-19	50 Free	20.97	1-Mar-89	CUDA	CHAD ROLFS
	100 Free	45.01	1-Mar-89	CUDA	CHAD ROLFS
	200 Free	1:39.23	1-Mar-89	CUDA	CHAD ROLFS
	500 Free	4:28.97	20-Mar-07	TCCC	CARL JONES
	1000 Free	9:15.07	30-Nov-06	TCCC	CARL JONES
	1650 Free	15:21.87	20-Mar-07	TCCC	CARL JONES
	100 Back	50.11	11-Mar-09	TCCC	CODY ROBERTS
	200 Back	1:51.04	2-Apr-07	SAS	NICK BLANK
	100 Breast	56.98	1-Mar-96	SAS	JOE TIDWELL
	200 Breast	2:02.25	5-Apr-04	SAS	CJ NUSS
	100 Fly	47.81	21-Feb-09	TCCC	CODY ROBERTS
	200 Fly	1:48.71	1-Mar-97	CUDA	ZANE DEWITZ
	200 IM	1:49.58	6-Apr-09	SAS	MASON SHAW
	400 IM	3:55.21	6-Apr-09	SAS	MASON SHAW
	50 Free	20.97	1-Mar-89	CUDA	CHAD ROLFS

RECORDS IES-SC-Y

100 Free	45.01	1-Mar-89	CUDA	CHAD ROLFS
200 Free	1:39.23	1-Mar-89	CUDA	CHAD ROLFS
500 Free	4:28.97	20-Mar-07	TCCC	CARL JONES
1000 Free	9:15.07	30-Nov-06	TCCC	CARL JONES
1650 Free	15:21.87	20-Mar-07	TCCC	CARL JONES
100 Back	50.11	11-Mar-09	TCCC	CODY ROBERTS
200 Back	1:51.04	2-Apr-07	SAS	NICK BLANK
100 Breast	56.82	14-Apr-03	SAS	CJ NUSS
200 Breast	2:01.86	11-Dec-08	SAS	MASON SHAW
100 Fly	47.81	21-Feb-09	TCCC	CODY ROBERTS
200 Fly	1:48.71	1-Mar-97	CUDA	ZANE DEWITZ
200 IM	1:48.78	11-Dec-08	SAS	MASON SHAW
400 IM	3:50.45	11-Dec-08	SAS	MASON SHAW
200 Free Relay	1:27.11	1-Dec-05	SAS	SPOKANE AREA SWIMMING
400 Free Relay	3:10.80	1-Mar-90	SAS	SPOKANE AREA SWIMMING
800 Free Relay	6:54.71	5-Apr-05	SAS	SPOKANE AREA SWIMMING
200 Medley Relay	1:36.26	2-Apr-07	SAS	SPOKANE AREA SWIMMING
400 Medley Relay	3:29.24	2-Apr-07	SAS	SPOKANE AREA SWIMMING